

1. COURSE DESCRIPTION – GENERAL INFORMATION			
1.1. Course teacher	Assoc. Prof. Sanja Šalaj, Ph.D.	1.6. Year of the study programme	3
1.2. Name of the course	CHILDREN'S MOTOR SKILLS	1.7. Credits (ECTS)	2
1.3. Associate teachers		1.8. Type of instruction (number of hours L + S + E + e-learning)	30 (14L+14E+2EL)
1.4. Study programme (undergraduate, graduate, integrated)	Integrated	1.9. Expected enrolment in the course	30
1.5. Status of the course	Elective	1.10. Level of application of e-learning (level 1, 2, 3), percentage of online instruction (max. 20%)	
2. COURSE DESCRIPTION			
2.1. Course objectives	Acquiring knowledge about basic children's motor skills (natural forms of movement) and their importance for human health and development, diagnostic procedures for their assessment, methods of selection of contents and games for their development, and possibilities of planning and programming exercises aimed at developing motor skills of pre-school children and young school children in the system of education, recreation and sports.		
2.2. Course enrolment requirements and entry competences required for the course	No requirements		
2.3. Learning outcomes at the level of the programme to which the course contributes	Students will be able to apply acquired knowledge about the basic forms of children movement in practical work with pre-school children and young school children through various, multi-faceted training programs in education, recreation and sports.		
2.4. Learning outcomes expected at the level of the course (4 to 10 learning outcomes)	Student will be able to: <ul style="list-style-type: none"> - Identify and analyze the basic children's locomotor and manipulative motor skills - define and analyze the development phases of locomotor motor skills, use content and games for their successful mastering in practical work, - define and analyze the developmental phases of manipulative motor skills, use content and games for their successful mastering in practical work, 		

	- plan and program children's exercise focused on the development of motor skills in the education, recreation and sports system.					
2.5. Course content broken down in detail by weekly class schedule (syllabus)	<p>Lectures</p> <ol style="list-style-type: none"> 1. Children growth and development, motor and functional skills of pre-school and young school children, health benefits related to children's motor skills (2L) 2. Importance of motor skills in children, developmental sequence of learning children's motor skills (2L) 3. Motor skills measurement (2L) 4. Developmental characteristics and stimulation of the development of locomotor skills (2L) 5. Developmental characteristics and stimulation of the development of manipulative skills (2L) 6. Programming a single exercise lesson for the development of motor skills (2L) 7. Planning and programming exercise for the development of motor skills in education, recreation and sports (2L) <p>Exercises</p> <ol style="list-style-type: none"> 1. Classification of motor skills (2E) 2. Measurement of children's motor skills (2E) 3. Content and loads for the development of locomotor motor skills (walking, running, jogging and jumping) (2E) 4. Content and loads for the development of non-locomotor motor skills (balance, push, pull) (2E) 5. Content and loads for the development of manipulative motor skills (throwing, catching, hitting and kicking) (2E) 6. Games for the development of motor skills (2E) 7. Single exercise lesson focused on the development of motor skills (2E) <p>E-learning:</p> <ol style="list-style-type: none"> 1. Development of a training plan and program aimed at the development of motor skills (2EL) 					
2.6. Format of instruction:	<input checked="" type="checkbox"/> lectures <input type="checkbox"/> seminars and workshops <input checked="" type="checkbox"/> exercises <input type="checkbox"/> on line in entirety <input checked="" type="checkbox"/> partial e-learning <input checked="" type="checkbox"/> field work	<input checked="" type="checkbox"/> independent assignments <input checked="" type="checkbox"/> multimedia and the internet <input type="checkbox"/> laboratory <input type="checkbox"/> work with mentor <input type="checkbox"/> (other)	2.7. Comments:			
2.8. Student responsibilities	Regular class attendance.					
2.9. Screening student work (name the proportion of ECTS credits for each activity so that	Class attendance	0,3	Written exam	0,7	Project	
	Experimental work		Research		Practical training	0,5
	Essay		Report		(other)	

the total number of ECTS credits is equal to the ECTS value of the course)	Tests		Seminar essay	0,5	(other)	
			Oral exam		(other)	
2.10. Grading and evaluating student work in class and at the final exam	Class attendance 15% Practical training 25% Seminar essay 25% Written exam 35%					
2.11. Required literature (available in the library and via other media)	Title				Number of copies in the library	Availability via other media
	<p>Šalaj, S. (2014). Važnost prirodnih oblika kretanja. Zbornik radova Kondicijska priprema sportaša, 2014., 287-289.</p> <p>Krmpotić, M., Stamenković, I., Šalaj, S. (2014). Motorička znanja djece predškolske dobi. Kondicijski trening 12: 1; 68-73.</p> <p>Šalaj, S., Krmpotić, M. (2015). Razvoj i metodika poučavanja temeljnih motoričkih znanja kod djece predškolske dobi: hodanje i trčanje. Kondicijski trening 13(1):33-40.</p> <p>Haywood, K., Getchell, N. (2014). Life Span Motor Development. Champaign, IL: Human Kinetics.(odabrana poglavlja).</p>				10 10 5 5	
2.12. Optional literature (at the time of submission of study programme proposal)	<p>Gallahue, D., Ozmun, J. C., & Goodway, J. D. (2012). Understanding Motor Development: Infants, Children, Adolescents, Adults (7th ed.). New York: McGraw-Hill Companies, Inc.</p> <p>Haywood, K., Getchell, N. (2014). Life Span Motor Development. Champaign, IL: Human Kinetics.</p> <p>Sekulić, D., D. Metikoš (2007) Osnove transformacijskih postupaka u kineziologiji - Uvod u Osnovne Kineziološke Transformacije. Sveučilište u Splitu, Split.</p>					
2.13. Quality assurance methods that ensure the acquisition of exit competences	Anonymous student survey					